



Dear Parents

School Information

Our Stars

A huge 'congratulations' to our special stars this week. To achieve this award children have tried very hard to excel in an area of their learning or behaviour. Our stars this week are:

Reception	Myles Weingaertner	Isabelle Stacey	Brody Parker-Tordoff	
Year 1	Isabella Newman	Luca Machado	Joshua Pardoe	
Year 2	Daniel Peachey	Tyler Jackman	Rosie Stott	
Year 3	Bodhi Collins	Charlie Kirk	Connie Turnbull	Emily Crowson
Year 4	Jack Lock	Toby Lamin	Jonah Green	Peter Thorpe
Year 5	Harris Cootes	Isabella Smeha	Abigail Robins	
Year 6	Millie Hill	Freddie Bussey	Amelia Bullen	Summer Fairs

Amazing Achievements

Well done to the following:

Ivy-Grace Quirke has passed Grade 1 Tap with Merit

Charlotte Evans has passed Grade 1 Tap

Attendance

Congratulations to the following classes who were winners for the week commencing 1st January.

Gold Trophy	Mrs Knight's Class, Mrs Johnson's Class & Miss Murray's Class (98.89%)
Silver Trophy	Mrs Brooke's Class (97.85%)
Attendance Ted	Mrs Bull's Class, Miss Hibbins' Class & Mrs Pardoe's Class (98.89%) Mrs Binns/Mrs Coles' Class (96.77%)

Music lessons - Music for Schools (Years 2-6)

At Bourne Westfield we are very proud of our music provision, and we pride ourselves on giving our children the very best musical opportunities available. On Tuesday 30th January, 'Music for Schools' will be coming into school to run a promotional assembly on woodwind and brass instrument opportunities available in school. Children who learn an instrument can use these skills in music lessons and have an opportunity to join our various bands and ensembles. Further information on registering your children for these lessons will follow after the assembly.

Rock Band (Year 6)

Mrs Beavis will be running auditions for this year's Rock Band this **Monday, 15th January** in the music room **at 12.30pm**. This opportunity is open to any children who play guitar, Bass guitar, drums, piano or who want to audition to sing. Children should prepare a short piece to play or sing or something that demonstrates their skills on their instrument. If your child plays the electric guitar or Bass guitar they should bring their own instrument, amps will be provided.

Children will be informed of the outcome of their audition by the end of the week and rehearsals will then begin the week beginning 22nd January.

Band Opportunity (Years 3 to 6) - Calling all Musicians

We have been fortunate in receiving some funding from Lincolnshire Music Service to run an orchestra for all of our children in Years 3 to 6 who learn an instrument. This is an opportunity for all musicians at any stage or grade (even complete beginners) to come together to learn ensemble skills, play music with other young people and have fun.

This opportunity is completely free of charge and open to all children who learn an instrument either in or out of school. They must bring their instrument with them (excluding pianos and drum kits) - we have a full drum kit, additional percussion and plenty of keyboards.

The band/orchestra will be held at Bourne Westfield Primary Academy every Wednesday after school from 4:00-5:00pm in the music room. Access to the music room is through the large green gates at the right side of the school office. It will run for 4 weeks before half term and then 3 weeks after half term with a concert on 12th March. Details of this will follow.

Mrs Beavis from Bourne Westfield will be running the orchestra along with staff from Lincolnshire Music service and she is very keen to get as many children involved as possible.

If you have any questions, please email Mrs Beavis on the enquiries email: enquiries@bw.keystonemat.org
If your child would like to take part, please can you register your interest by emailing Chris.Rogers@lincolnshire.gov.uk.

FINAL REMINDER - Reception Places - September 2024

The application process to apply for Reception places for 2024-25 opened on 15th November. **This applies to all children who were born between 1st September 2019 and 31st August 2020.** Please use the following link to make your application - [Apply for a School Place](#). The deadline for making your application is 12 noon on 15th January 2024. Places will be offered to parents on 16th April 2024.

SEND Newsletter

Please see, at the end of this bulletin, our termly Spring Term SEND Newsletter for information.

Do you find your child's behaviour puzzling or frustrating on occasions?

Angela Pinchin and Jacqueline Clark are planning another course titled 'Understanding Your Child'. We are sure *all* parents may benefit from this reflective course that covers relationships, managing emotions, reducing conflict, sleep, eating, anxiety, anger tantrums - and of course, boundary battles! It is a relaxed and accepting environment, suitable for anyone involved with children aged 0 - 18 and everyone is welcome. It will run on a Monday morning from 9:15am - 11:15am for 8 weeks, commencing 22nd January 2024. The cost is £24 (concessions can be discussed with Jacqueline) and this is payable prior to the course, or £3 per week, whichever you feel would suit you. Please let us know if you are interested as there are limited spaces. If you would like further details please contact Angela Pinchin, Family Liaison Lead, by phone, or email angela.pinchin@bw.keystonemat.org. Parents attending past courses thoroughly recommend it!

Family Hubs: Free online courses for parents and professionals

Free online courses for professionals and parents, grandparents, teens and carers have been made available through a paid partnership between LCC and the Solihull Approach. The courses for **professionals** have been developed by psychologists and cover understanding trauma, understanding attachment, and understanding brain development, see more:

[Lincolnshire | Online courses for professionals - Solihull Approach | Parenting \(solihullapproachparenting.com\)](#)

The courses for **parents** are designed to provide support through all stages of bringing up children, from pregnancy and birth to caring for toddlers up to teenagers. They include specific courses for teenagers, and for parents and carers of children with additional needs. Parents' courses can be accessed via: inourplace.co.uk/lincolnshire/

Oracy Challenge

This week, we would like you to think about your qualities. For each letter of your name, think of an adjective (describing word) that starts with the same letter that describes you. For example: WESTFIELD Wonderful, Exciting, Super, Talented, Fun, Incredible, Excellent, Loved, Daring. Maybe you could do this for someone else too. I'm sure that you'd make them smile 😊

Friends of Westfield - Follow us on Facebook - <https://www.facebook.com/FriendsWestfieldBourne>
Mothers & Father's Day Sales - we are already planning for these popular events in March and June. We are always on the lookout for nice items to sell at these sales. If anyone works for a local business, or runs their own business, and thinks they might be able to help supply any suitable gift items please get in touch. We usually have in the region of 600 children take part so we do need to buy in bulk but can look at multiples of 50/100 as minimums - we need a choice to allow for families with siblings. Please email - friendsofwestfieldbourne@gmail.com

A little reminder that you can support us by joining the **School Lottery** - [Bourne Westfield Lottery](#) or by shopping through **Easy Fundraising** - [FoW Easy Fundraising](#) - both of these give us welcome extra income over the year

Recent shopping... we helped Santa with his presents for his visit to the KS1 children and provided some sweets for the Christmas parties, £346. We are funding the author sessions with Bethany Walker later this month for story telling week, £300. We have a committee meeting on Tuesday 16th January so any suggestions for our spending discussions are welcome over email - friendsofwestfieldbourne@gmail.com

Next event - Valentine's Disco Friday 2nd February 2024

Atkinson's Announcements

Parking

This week in particular we have seen an increase in illegal and inconsiderate parking around our school site at drop off and collection times. The yellow zig-zag lines are there to provide a safe crossing area for our children and parents when arriving and leaving school. Parking on the zig zag lines prevents children from being able to see clearly when crossing the road. Please do not park in the road leading to our car park entrance - there is a single yellow line down this road which makes parking in this area **illegal** unless you are able to display a blue badge. Parking wardens will be monitoring this area and you are at risk of a parking fine.

Bourne Westfield School Lottery

Congratulations to **Ms Watson** who was the winner of the school lottery last week. The winnings increase as more people join - if you want to join for just £1 per ticket per week and have a chance of winning the weekly draw, then please go to www.yourschoollottery.co.uk, search for Bourne Westfield and follow the on screen instructions.



Miss K Atkinson
Headteacher

EDAN Lincs Domestic Abuse Service 01522 510041 <https://edanlincs.org.uk/>

Providing support and assistance to men, women and children suffering, or fleeing from domestic abuse in Lincolnshire

Healthy Minds Lincolnshire <https://www.lpft.nhs.uk/young-people/lincolnshire/young-people/i-need-more-help/healthy-minds-lincolnshire#>

Providing support and treatment for children, young people and their families, who are experiencing emotional wellbeing difficulties.

Place2be <https://www.place2be.org.uk/>

Place2Be is a children's mental health charity working with pupils, families and staff in UK schools.

MIND <https://www.mind.org.uk/> 0300 123 3393

Providing support for people living with a mental health problem or supporting someone with a mental health problem.

Family lives <https://www.familylives.org.uk/> 0808 800 2222

Providing early intervention and crisis support to families.



Happy New Year!

Hello and welcome to 2024! We are really excited for the term ahead. The children have all settled back into school well and are eager to learn.

Up Coming Online Courses

Thursday 1st February - 3:30pm to 5:30pm: AET Anxiety

Tuesday 20th February - 12:30pm to 3:00pm: NAS Teen Life Programme

Tuesday 27th February - 9:15am to 11:15am: Autism and masking

Thursday 29th February - 3:30pm to 5:30pm: Supporting a Profile of Demand avoidance

Wednesday 27th March - 3:30pm to 5:30pm: Supporting Transitions for autistic Children and Young People.

Access courses here: Working Together Team - Training Calendar (wtt.org.uk)



Week of SEND 2024

29th January to 2nd February 2024

A Virtual week long event, organised by the Lincolnshire Parent Carer Forum, which takes place throughout the daytime and evening showcasing the huge amount of help and support available for parents of children with SEND in Lincolnshire and the professionals who work with them.



Access information here:
lincspcf.org.uk

Autism Acceptance Week 2024

2nd to 8th April 2024

Autistic people face discrimination and barriers across all sectors of society – in the health and social care systems, in education, in employment, and everywhere in between. It is crucial that autistic people, and their families and carers, can access tailored information, guidance and support to overcome those barriers, along with opportunities to explore their interests, develop skills and build friendships for fulfilled lives.



Get involved:

waaw.autism.org.uk

SEND Coffee Morning Key Dates

Hosted at Bourne Westfield by the SEND TEAM

Wednesday 7th February 2024

Bourne 2 Shine. Find out about the support offered and up coming events.

Tuesday 26th March 2024

Working Together Team. Penny Bellamy will discuss transitions for autistic children and Young people.

Wednesday 1st May 2024

Dyslexia Outreach with a focus on awareness, understanding and strategies.

Tuesday 2nd July 2024

- BWPA graduated approach and polices.

- SEND Q&As.

SEND Team Contact Details

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What is sensory processing?

Sensory processing refers to the way we interpret information received from the environment and from within our bodies. This information gives us a sense of who we are, where we are and what is happening around us. Our senses are hearing, touch, sight, taste, smell, proprioception (body awareness), interoception (emotions and social interactions) and vestibular (balance and movement). When our senses are integrating correctly, we are able to respond appropriately to any sensation. For example, we are able to take off an itchy jumper or take a deep breath to smell the flowers.

What happens when a young person experiences sensory processing differently?

A young person may have difficulty working out what is happening inside and outside of their bodies due to sensory information not being accurate, for example, the noise of the school bell is like someone screaming in their ear, or a piece of artwork on the wall keeps grabbing their attention because their brain hasn't registered they have seen it before.

A young person may move constantly to get extra feedback if their body is not providing enough information as to where their arms and legs are. Children may struggle to communicate how they feel resulting in the possibility of being disorganised in a world they cannot make sense of. These children need support from those around them to learn strategies to make life a little easier.

Sensory Circuits

Sensory Circuits use sensory-based movement activities which prepare children and young people for the day's learning and help them to achieve the 'just right' level of alertness they need to concentrate. They are made up of around 15-20 minutes of activities to help with sensory regulation.

The aim of a sensory circuit is to provide a way for children and young people to regularly receive a controlled sensory input. There are three sections in a sensory circuit:



- 1. Alerting:** to provide both vestibular and proprioceptive stimulation as these can help the child to become more alert.
- 2. Organising:** activities that provide a motor challenge and requires the child or young person to plan, organise and/or sequence their movement.
- 3. Calming:** activities to provide proprioceptive input and heavy muscle work which can have a calming and organising effect.



Where can I get support?

- **NHS Lincolnshire's Children's Therapy Services:**

lincolnshirechildrenstherapyservices.nhs.uk

- **aspens**

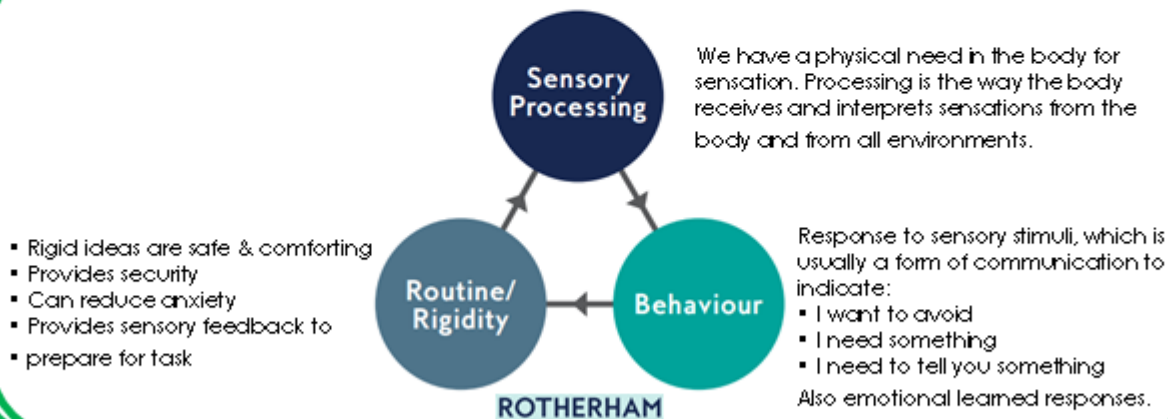
www.aspens.org.uk

Aspens are working with the NHS, Lincolnshire County Council and Lincolnshire Parent Carer Forum to deliver free online support workshops for parents and carers on sensory processing differences, throughout the county of Lincolnshire.

- **Dr Griffiths' (Ed Psychologist) session on sensory processing:**

<https://www.youtube.com/watch?v=0tBRD-Zi2RY>

Relationship between sensory processing, behaviour and rigidity



- Rigid ideas are safe & comforting
- Provides security
- Can reduce anxiety
- Provides sensory feedback to
- prepare for task