

## June 2022

Welcome to LPCF's Latest news!

**29<sup>th</sup> March saw the launch of the SEND review – right support, right place, right time.** The full document can be seen on the library page of the website under Government. The public consultation will end on 22nd July and LPCF will be collecting the views of our membership over the next few weeks.

Please direct any parents who are interested in contributing to our consultation to join our membership and an invitation will be sent directly to them.

If you are on the LPCF professional membership and would also like to feed into the consultation through LPCF please email the admin address with your views.

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### Quick question

LPCF are about to write our Annual Report.

If you have worked with LPCF over the last year, joined one of our events or benefited from something we provide please let us know your views as we need your feedback.

All contributions are welcome.

**Your support is appreciated -thank you.**

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### News regarding the Sensory Processing Difficulties project

**letter from Russell Outen -Coe - Designated Clinical Officer for SEND**

I am pleased to announce the launch of the Sensory Processing Difficulties website and training workshops.

The site is available to anyone as a supporting resource and the training events are available to anyone who has a Lincolnshire GP. It includes information how we process sensory information and its effect on how we are able to participate in everyday tasks and activities; for example this can mean problems paying attention in class or problems coping with things like going to the dentist etc. It helps to identify sensory stimuli and provides advice on managing challenges in everyday life and includes guidance on techniques that can help to families to understand and support children with sensory differences.

In addition there is an Eventbrite link to book on a two hour long Zoom workshop with a Behavioural Specialist. The workshop is intended for parents, carers and professionals who support CYP with sensory differences and is limited to families registered with a Lincolnshire GP. We will be

promoting the programme across social media, the local offer, schools and through the usual channels

Please disseminate the attached flyer across your teams or click on the link below for more information.

[Sensory processing difficulties :: Lincolnshire Children's Therapy Services \(lincolnshirechildrenstherapyservices.nhs.uk\)](https://lincolnshirechildrenstherapyservices.nhs.uk)

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**LPCF would be grateful if you could please publicise our events to the parents you work with. Thank you**

**Juggling the Joys of Parenting**

**8th session on 16<sup>th</sup> June 2022 11.30 – 1pm**

( monthly free workshops for parents and carers on the LPCF membership)

8th session - "**Action plan for your future**"

If you are you a parent, grandparent, Carer, relative or friend of a child/adult with special needs or a disability?

...then these workshops are a must for you!

This series is aimed at parent carers who wish to have fun, meet other parent carers that want to make life easier and learn new strategies that can make a very real difference.

Our host Hil Gibb & LPCF will be running monthly virtual sessions - so why not join us. Places are FREE to parents on the LPCF membership. See the link for more details

[https://www.lincspcf.org.uk/DocsLibrary/20211011\\_0547\\_2021juggling the joys.pdf](https://www.lincspcf.org.uk/DocsLibrary/20211011_0547_2021juggling_the_joys.pdf)

Email :[admin @lincspcf.org.uk](mailto:admin@lincspcf.org.uk) to book your place now

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**Hypnotherapy with Nicole**

Please encourage parents to join LPCF for a **free** 90-minute Zoom session to help improve mental health & wellbeing.

Nicole from Hummingbird Hypnotherapy will be providing proven techniques to help us make positive changes to our lives.

Relax with like-minded people in a positive atmosphere.

Date: **Thursday 9<sup>th</sup> June 7.30pm- 9pm**

Topic: **Stress and the immune system**

Date: **Thursday 23<sup>rd</sup> June 7.30-9pm**

Topic: **How not to lose your cool**

**These sessions are for LPCF members only. Please encourage parents to join up on the sign up page of the website.**

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**Workshop exploring the Local Offer – to celebrate Carers Week**  
**8<sup>th</sup> June at 1pm**

To celebrate carers week we are holding an interactive Free Zoom workshop for LPCF members and parents exploring the Local Offer.

*“A Local Offer gives children and young people with Special Educational needs and Disabilities ( SEND) and their families information to help them find the right help and support in their area.”*

Please ask parents to Sign up today on the sign up page of the website or email [admin@lincspcf.org.uk](mailto:admin@lincspcf.org.uk) for more details.

Attending parents who sign up to LPCF may be eligible to a FREE Max Card.

Please see our website for eligibility criteria. (limited supply available).

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**LPCF Excellence Awards**

Have you been working with a family and have achieved positive results – if so please ask them to join LPCF and nominate your service for our LPCF Excellence award.

You never know you could win it!

Please see our Hall of fame for the recent nominations

[https://www.lincspcf.org.uk/P\\_Award\\_HOF.php](https://www.lincspcf.org.uk/P_Award_HOF.php)

It could be you ?

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**Information on Covid**

LPCF have dedicated a section in the Information Library to the current COVID-19 crisis. It has lots of information and support for parents and also lots of activities and resources for children.

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**LPCF Outreach Project**

We still have some free capacity if you would like a Zoom visit from one of our volunteers to let your staff or the parents you work with know more about LPCF.

For availability please email [admin@lincspcf.org.uk](mailto:admin@lincspcf.org.uk).

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## **Parents voice report – just in case you missed it!**

### **January to March 22**

This report contains the feedback and views of parents on the LPCF membership.

It contains a wide range of views about the services and support they receive and is an interesting read.

If as a service provider you would like to respond to any of the feedback please provide your response in an email and we will feedback to parents through our next edition.

This ensures that parents feel heard and that their views are taken into account when service provision is discussed.

Here are some of the themes discussed in this edition:-

- Hidden Disabilities
- Workshops on childrens behaviour
- EHC Plans
- LPCF win award
- Max Cards
- Child anger & lost school time
- Seeking groups for a child
- Week of SEND follow up
- Medical reasonable adjustments for surgery
- Genetic testing
- Private treatment funding
- Holiday clubs in Lincoln area
- Specialist footwear
- Autism pathway
- Physical therapists
- Bromhead Charity
- Plus much more

### **LPCF Feedback**

Please also note that the feedback in the reports are also fed back via the LPCF representatives who sit on the meetings of service providers and are trained in representation.

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### **Max Cards**

Parents who join our membership and fulfil the criteria are offered a free discount card.

The Information page of the LPCF website contains more detail.

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### **Consultations**

We have added a few more consultations to our website that may be of interest to the parents you work with:-

[https://www.lincspcf.org.uk/P\\_Consultation.php](https://www.lincspcf.org.uk/P_Consultation.php)

- Lincolnshire Young Voices – send accessibility service
- Consultation on proposed changes to the Mental Capacity Act 2005 Code of Practice and implementation of the liberty protection standards ( added March 2022)
- CQC Continuous Engagement Project ( added March 2022)
- Seashell Start survey
- LPCF Consultation on the Green paper.
- Integrated Health & Care Services – how do they work together(added 29.04.22)
- SEND Review (posted 29.03.22)

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### **Parental resources library**

This page of the LPCF website > information>parental resources gives parents useful documents from other organisations to ensure that parents are kept well informed of what services they can offer. If your organisation has any generic leaflets or brochures in pdf that inform parents about your service or offer of support and wish to support LPCF with this initiative please let us know.

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### **Additions to LPCF website**

- Parents voice report -Jan – March 22. See library page of website for your feedback & views. This will be fed back to the Local Authority , Health & partners to help improve the quality, range and accessibility of services.
- Wellbeing sessions with Nicole from Hummingbird Hypnotherapy Report ( posted 6<sup>th</sup> May)
- SEND review Green paper – posted in library 9<sup>th</sup> May

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### **Please help our Charity – you don't have to be a parent!**

Please help us to help you by using Amazon Smile and Easy fundraising. It doesn't cost you anything but it does help our Charity.

**LPCF Lottery Club** – we have a small lottery club , which helps to raise funds and you can join for either £26 for 6 months or £52 for a year. Monthly prizes are £50, £10 and £5. Winners can be seen on the

funding page.

You've got to be in it to win it!!

**Why not bookmark LPCF's website on your browser for easy access.**

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Please encourage parents you work with to join LPCF, as the earlier we can support them on their journey the better outcomes for the whole family in terms of engagement, signposting, information & support. It also gives LPCF a bigger voice in Lincolnshire to help improve the provision of services for families.

Please also encourage other professionals you work with to join our professional membership so they are kept informed too!

Our leaflet for parents has been updated so if you need any to give to parents please let us know. Thank you for your support