



**BOURNE
WESTFIELD**
Primary Academy

SEND Newsletter

Autumn Term 2023

Welcome Back

Welcome back to all our pupils and parents, and it's been lovely to meet parents of our new Reception children. The children have all settled back into school routines well and are eager to learn!

Meet the Team

The SEND team have had a restructure this academic year. Moving forward, if your child is on our SEND register, they will be given an assigned SENDCo who will be responsible for all documentation, meetings and referrals for their designated children.

You will receive a letter shortly outlining who your child's SENDCo is.



Mrs Humphreys

SENDCo

Mrs Humphreys' working days are Monday to Friday.



Mrs Arnold

SENDCo

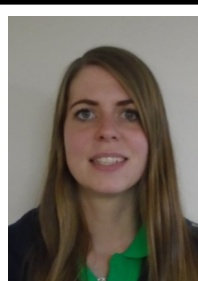
Mrs Arnold's working days are Monday to Wednesday.



Mrs Coles

SENDCo

Mrs Coles' SENDCo days are Tuesday and Wednesday.



Mrs Burton

Early Years

SENDCo

Mrs Burton's working days are Monday, Wednesday to Friday.



Miss Tite

SEND

Administrator

Miss Tite's working days are Monday to Friday.

Please be aware that due to some members of the team working part time, you may have to wait up to 5 working days to get a response from your assigned SENDCo. Your SENDCo will however endeavour to get back to you as soon as possible.

Key Dates

Thursday 5th October - 9am to 10:30am:
SEND coffee morning—Lincolnshire Parent Carer Forum.

Wednesday 8th, 15th, 22nd, & 29th November - 1:30pm to 3pm:

SUMO: Stop Understand and Move On. A course for parents to help better understand themselves and their children.

Tuesday 28th November - 9am to 10:30am:
SEND Coffee Morning - Focus TBC.

Jargon Buster

SEND - Special Educational Needs and Disabilities

SENDCo - Special Educational Needs and Disabilities Coordinator

IEP - Individual Education Plan

SALT - Speech and Language Therapist

EP - Educational Psychologist

STT - Specialist Teaching Team

CAMHS - Child and Adolescent Mental Health Service

ESA - Enhanced Support Assistant

EHCP - Education, Health and Care Plan



SEMH

Social, Emotional & Mental Health

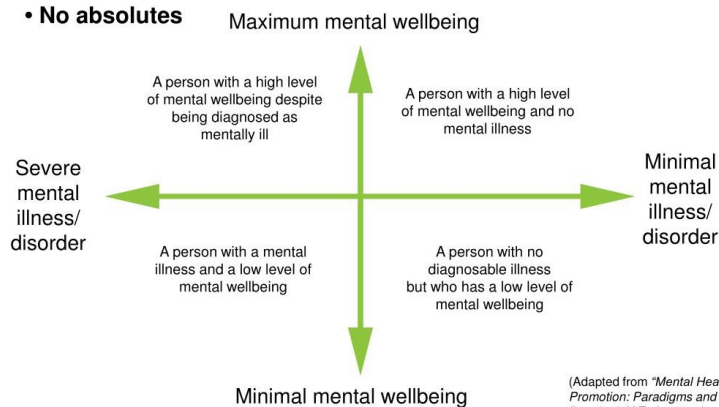
SEMH is a broad term used to define a range of different needs that children and young people may have at any given time and the impact that these needs may have on their wellbeing and ability to learn. SEMH needs can be attributed to many different causes, some less obvious than others. Life experiences, genetic factors, environments all play a part and all need to be considered.

Children and young people may experience a wide range of social and emotional difficulties which manifest themselves in many ways. These may include becoming withdrawn or isolated, as well as displaying challenging, disruptive, or disturbing behaviour. Emotional regulation, recognising and normalising emotions and the ability to manage stress, build resilience skills and understand others' emotions can affect children and young people's sense of wellbeing, access to the community, ability to solve problems and learn effectively.

The Mental Health Continuum (below) shows the different positions children and young people can be in regarding their emotional wellbeing and mental health.

The Mental Health Continuum

• No absolutes



Where can I get support?



Healthy Minds

[Healthy Minds Lincolnshire ::](http://HealthyMindsLincolnshire.co.uk)

[Lincolnshire Young Minds](http://LincolnshireYoungMinds.co.uk)

lpft.nhs.uk



Place2be

[Improving children's and young people's mental health – Place2Be](http://Improvingchildrensandyoungpeoplesmentalhealth-Place2Be.co.uk)

Breathing and Grounding Techniques

